



**The Noble Marine West Country Boat
Repairs
RS200 National Championships 2021
15th to 19th August 2021
Hosted by Exe Sailing Club**



WELCOME and JOINING INSTRUCTIONS

We are looking forward to welcoming you all to Exmouth between 14th and 20th August 2021 for this year's National Championship. Although Covid-19 restriction have been lifted we need to be mindful that infection rates are still high and will put some controls in place that will keep competitors, visitors, club members and volunteers safe. None of the controls are onerous and we intend to give you the best opportunity to enjoy the week's sailing and social events.

Please read the following that will help you upon arrival, during your time with us and departure after a great week of sailing, meeting friends and enjoying everything Exe Sailing Club and Exmouth have to offer.

COVID

PRIOR TO TRAVEL

We require that you undertake a Covid Lateral Flow Test before travelling and complete a declaration form that you will need to bring along and hand in at check-in. Every competitor and visitor are required to complete the test and declaration form; we will hold the information for 21 days following the event as part of the Government's Test and Trace requirements. If your LFT is positive, please do not travel to the event. We are also asking that you take a further LFT on Tuesday 17th August.

Declaration Form can be found attached as appendix A below.

CLUB ACCESS AND ENVIRONMENT

Wearing of face mask is at the discretion of the individual. The club has increased the inside space by installing a marquee to the front of the building and will keep doors open until 22:30 when they will need to be closed due to licencing requirements. Tables will be well spaced, and you will be able to take your drinks onto the balcony and to the space outside the marquee.

TIMETABLE excluding Sailing information which can be found in the NoR and SIs.

Note timings maybe be affected by the racing launch and return

Saturday 14 August

Arrival including check-in: 10:00 – 17:00

Welcome Briefing Meet 17:30 for 18:00 (Speech) – 19:30 in upstairs restaurant with street food van available in the car park.

At the welcome event you will be able to meet the Race Team and get information on tides and local facilities outside of the club.

Sunday 15 August

Late arrivals including check-in: 08:00 – 09:30

Breakfast Bar: 08:30 – 11:00

Competitor Briefing: 10:00

Off the water pasty and beer/squash: 15:00 – 16:30

Bar 17:00 – 23:30

Outside BBQ starts at 19:00

Buddy Quiz starts in the training room/marquee at 20:00, incorporating daily prize-giving time TBC.

Monday 16 August

Breakfast Bar: 08:30 – 11:00

Off the water pasty and beer/squash: 15:00 – 16:30

Bar 17:00 – 23:30

Supper starts in the restaurant at 19:30

Youth Karaoke in the training/marquee starts at 20:00

Off-site Masters' Meal for those who have pre-booked: 20:00

Tuesday 17 August

Breakfast Bar: 08:30 – 11:00

Off the water pasty and beer/squash: 15:00 – 16:30

Bar 17:00 – 23:30

Ugly 'On the Farm' theme party – Supper in the restaurant at 19:00 followed by a live band starting at 20:45, incorporating daily prize-giving time TBC.

Wednesday 18 August

Breakfast Bar: 08:30 – 11:00

Off the water pasty and beer/squash: 15:00 – 16:30

Bar 17:00 – 23:30

Supper starts at 19:00 in the restaurant, incorporating daily prize-giving time TBC.

Class AGM in Marquee at 19:30

Thursday 19 August

Breakfast Bar: 08:30 – 10:30

Off the water pasty and beer/squash: 15:00 – 16:30

Pre-arranged early departures 16:00 – 18:00

Bar 17:00 – 23:30

Prize Giving Dinner starts at 18:30 in the restaurant followed by a disco starting at 20:00

Friday 20 August

Departures 10:00 – 14:00

GENERAL INFORMATION

PRIOR TO LEAVING HOME, PLEASE

- **Order your evening meals following the links in Bar and Catering**
- Make sure ALL the details on your entry are correct, that both helm and crew are RS Class Association members and that your sail number matches your boat number
- Make sure you have your tow rope – see NoR
- Join the **Event WhatsApp Group** via this link <https://chat.whatsapp.com/Kkh7TnGtSlT2eemp0CsLbd> This group will be used for communication with competitors, but will not replace the [Official Noticeboard](#)

ARRIVAL AND CHECK-IN TO EXE SAILING CLUB (see attached Map)

- Follow the road signs to Sea Front, 2nd roundabout take 2nd exit along the side of the rugby ground (Langerwehe Way) and take left fork in the road down Shelley Road as sign indicates.
- By the club entrance one of our volunteers who will direct you to turn right. Unload your boat on the launch trolley and take them to the holding area in the club car park.
- **Important – please be prepared to unload quickly to avoid any delays. It will help if the driver deals with the car/road trailer and the passenger goes with the boat to the holding area, checks themselves in, obtaining the berthing number and then moves the boat to its correct berth to avoid overcrowding.**

Road Trailers and Parking

- Road trailers stored at accommodation: Return to your car and take road trailer to premises and then retrace your steps to 2nd roundabout and take 3rd exit signed to car parks. If you have pre-paid for parking, then take first exit left to the Imperial Recreation Ground where a volunteer will show you where to park. Other car parks are located near the leisure centre/railway station.
- Road trailers being stored at the Exe SC storage facilities: Return to your car and drive to the Imperial Recreation Ground (1st Exit when you arrive back at the roundabout). A volunteer will show you where to leave your trailer. Pre-paid parking is on the same ground otherwise retrace and park in public car parks near-by.
- Stacker Road Trailers: These are stored at the Rugby Club (RFC). Follow the directions as above and a volunteer will explain how to access the RFC. Return to park your car if you have pre-paid. Other car parks are opposite the RFC.
- Campervans staying at the RFC: Follow the same directions as Road trailers stored at the Exe SC storage facilities: You will be able to deposit your road trailer and a volunteer will show you how to access the RFC.
- **Parking:** If you have not pre-paid for parking there are plenty of car parks near the leisure centre and railway station opposite the Imperial Recreation Ground, though they will be busy. You will be able to buy parking for the Imperial Recreation Ground during the event at the Sunday check-in (cash only).
- Imperial Recreation Ground Parking- Please use the same parking layout as indicated by the volunteers throughout the week.
- **Saturday 14 August and Friday 20 August the pre-paid car park will be manned, on all other days during the event you will need a 4-digit access code, provided at check-in, to unlock the gate. It is very important you re-set the combination lock and not leave the gate open. The Car Park is not covered by CCTV or Security, and we would advise that you do not leave your car overnight.**

- **Walking to the club from Car Parks;** Quickest way is via a footpath at the end of the Imperial Recreation Ground, off The Royal Avenue, and through Camperdown car park then along Camperdown Terrace. On your return go straight to the check-in which is in the marquee at the front of the club house looking over the estuary. Hand in your declaration form and collect your berthing label if not already done so and your prepaid Car Parking Ticket along with a code to access the area.
- You will then be directed to your berth, where you can unpack your boat, rig your mast and prepare for following days sailing.
- For access outside check-in times detailed in the programme above please contact Nicholas.Coombes@outlook.com or telephone 07891014984 in advance.
- If you know you wish to leave early from the event and you intend to use Exe Sailing Club road trailer storage facility, please advise the team at the Imperial Recreation Ground when you arrive as space is restrictive and it will be difficult to move trailers once they are stored away.
- ESC volunteers will be wearing Hi Viz jackets and will be easily identified and will be pleased to help and assist.

CHECK-IN

- There will be no formal registration, all competitors are required to CHECK-IN upon arrival and hand in their declaration forms.
- If you have arranged to use Rugby Ground for overnight Campervan parking, please tell the check-in team and they will provide you with some additional information.
- If you need early access to the Rugby Club, please contact Nicholas.Coombes@outlook.com or telephone 07891014984 in advance.
- Berthing labels will be handed out which must be attached to the bow of your launch trolley. Trolley label and cable ties are reusable and will need to be returned on Thursday evening or Friday morning to a box adjacent to the beachmaster tally board.
- Berthing plan will be available on a nearby notice board and the berth number will be marked on the floor

CLUB ACCESS

- Changing Rooms and downstairs toilets will be open from 08:00 until 23:45 – Additional toilets can be found adjacent to the marquee at the front of the club house.
- Space is limited in the changing rooms. If possible, please change for racing before you arrive at the Club or by your boat.
- The downstairs training room will be open from 08:30 until 23:45
- Restaurant and Upstairs Bar including the balcony will be open from 17:00 until 23:45 (last orders 11:30) – Note balcony closes at 22:30
- Outside area in front of the marquee can be used for eating and drinking, however our licence restricts the area and please do not take drinks into the car park or in front of the properties look over the club near the beach.
- **The club sits in a residential area and our licence requires that the outside is not used after 22:30 including the balcony.**
- **If leaving the club later than 22:30 please keep the noise to a minimum. Please help us to maintain our good relationship with our neighbours.**

BAR AND CATERING

- Saturday 14th we will have street food vendor providing fresh Nachos using local ingredients from 16:00 – check out https://www.instagram.com/loco_nacho/?hl=en
- From Sunday 15th until Thursday 19th: Breakfast - Training room will be serving large bacon baps at £3.00, plus tea/coffee at 50p, with free refills providing that you retain your cup.
- Off the water in the afternoon – Training room will be serving Pasty (Meat or Vegetarian) & Pint at £5.00 or Pasty & Squash (Meat or Vegetarian) at £3.00
- Restaurant Evening menu and event tickets are purchased in advance via:
- <https://exe-sailing-club.org/sunday-15th-august-bbq> Booking deadline – Friday 13th August 18:00
- <https://exe-sailing-club.org/monday-16th-august-karaoke-night> Booking deadline – Sunday 15th August 18:00
- <https://exe-sailing-club.org/tuesday-17th-august-ugly-party> Booking deadline – Sunday 15th August 18:00
- <https://exe-sailing-club.org/wednesday-18th-august-association-agm> Online deadline – Monday 16th August 18:00. Tickets can be obtained on the night, subject to availability
- <https://exe-sailing-club.org/thursday-19th-august-prize-giving-dinner> Booking deadline – Tuesday 17th August 18:00

SECURITY

- **Try to keep your valuables at your accommodation**
- If you do need bring valuables and you require secured storage you will be given a sealable plastic bag from the Beachmaster on which they will write: -Tally number; Sail number; Name; Telephone number. These bags are to be handed to the Beachmaster who will keep them in a storage box and place in a secure location. They should be collected from the Beachmaster afterwards. These bags should be retained by the Competitor for use throughout the competition."

WASTE

- There will be a general waste and recycling centre operating and the check-in team will advise you of its location when you arrive.

COMPETITORS BRIEFING

- We intend to hold briefings under the balcony/marquee at the event and we ask that one person attends.
- Kit reminder: please remember to bring your tow rope as per NoR (spinnaker or main sheet will not suffice).
- Remember to bring sun cream and personal reusable water containers for afloat.

DEPARTURE

- **Please return your trailer label and cable tie to the box near the beachmaster tally board**
- We will reverse the arrival process. Please prepare your boat ready to attach to your road trailer. Walk to where your car is parked and then drive to the end of the Imperial Recreation Ground or Rugby Club to collect your road trailer ready to drive to club. **We may need to hold car/trailer at the ground if it becomes very busy and release you in groups.**
- If you booked to leave the event early, please contact Nick Coombes on 07891014984

RS CLASS ASSOCIATION EVENT WEBSITE

<https://www.rs200sailing.org/championships/index.asp?eid=2144>

CLUB EVENT WEBSITE AND OFFICIAL NOTICEBOARD

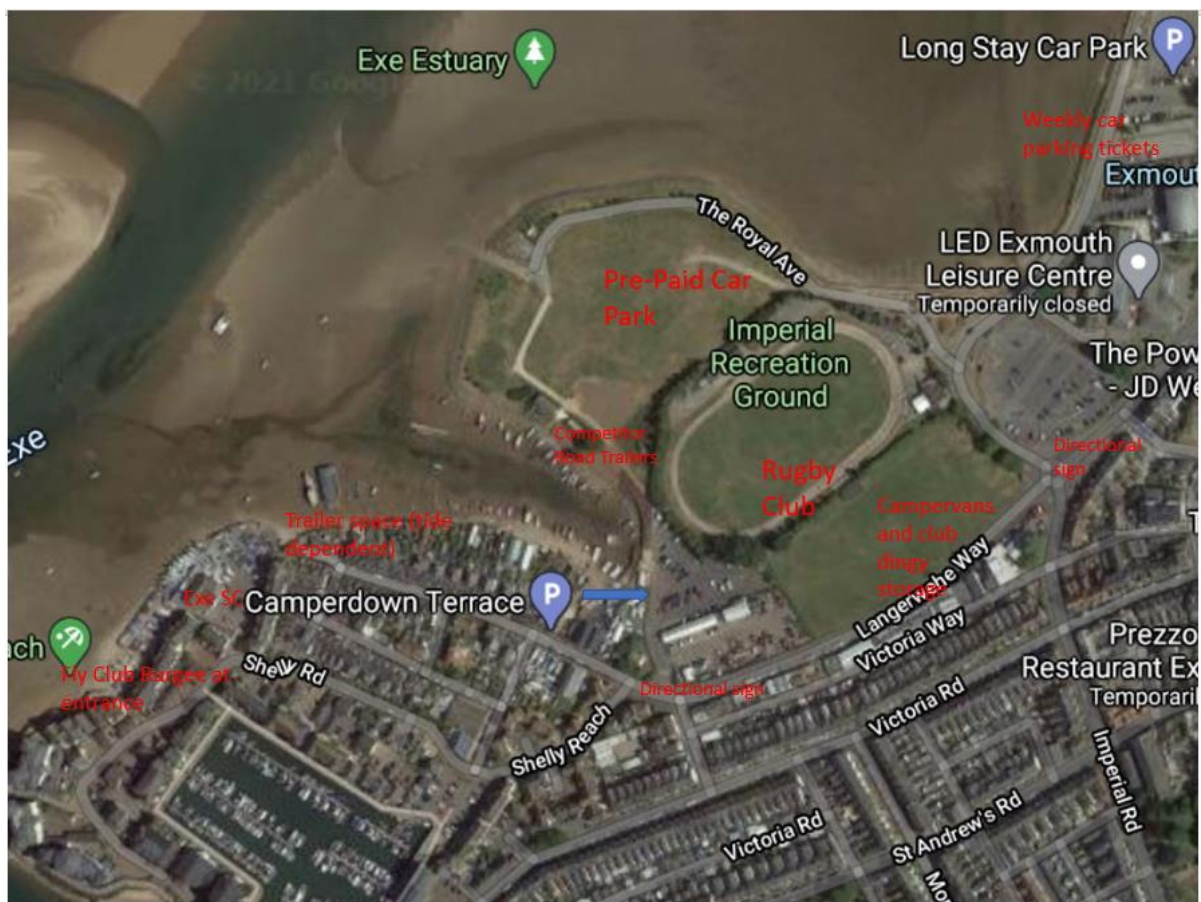
<https://exe-sailing-club.org/open-events/12-dinghies/233-the-noble-marine-west-country-boat-repairs-rs200-national-championship.html>

EXMOUTH CLUB WEBSITE

Exmouth club website gives further details about our club and surrounding facilities

<https://exe-sailing-club.org/>

MAP SHOWING EXE SAILING CLUB AND SURROUNDING FACILITIES



Appendix A

Exe Sailing Club

RS200 National Championships August 15th – August 19th, 2021

COVID 19 DECLARATION AND CONSENT FORM

**THIS FORM MUST BE COMPLETED BY ALL PRIOR TO THE ABOVE EVENT
AND HANDED TO OUR CHECK-IN TEAM**

Please complete in Block Capitals

Participant's details

First name	Surname/family name
Home Address	
Email	
Date of birth	

Next of Kin/Parent/guardian/person with legal responsibility if under 18

First name	Surname/family name
Relationship to sailor	
Home number	
Mobile number	

By signing this form, I confirm the following:

- That I am well and have not shown any symptoms of COVID-19 during the last 14days.
- That I have not been in close contact with anyone who has since tested positive to COVID-19 in the last 14 days.
- That I have not been notified by the NHS Test and Trace app to self-isolate.
- That I have taken a lateral flow test within 48 hours before arrival and confirm the result of this test was Negative

Signed:

(participant).....

Declaration of parent or person with legal responsibility if under 18

I the parent/guardian of hereby acknowledge that I have read the new Code of Conduct for COVID 19 and that I fully understand it. I have explained it to my child, who understands and agrees to abide by it.

Name: (parent guardian-please print)

Signed: (parent/ guardian)